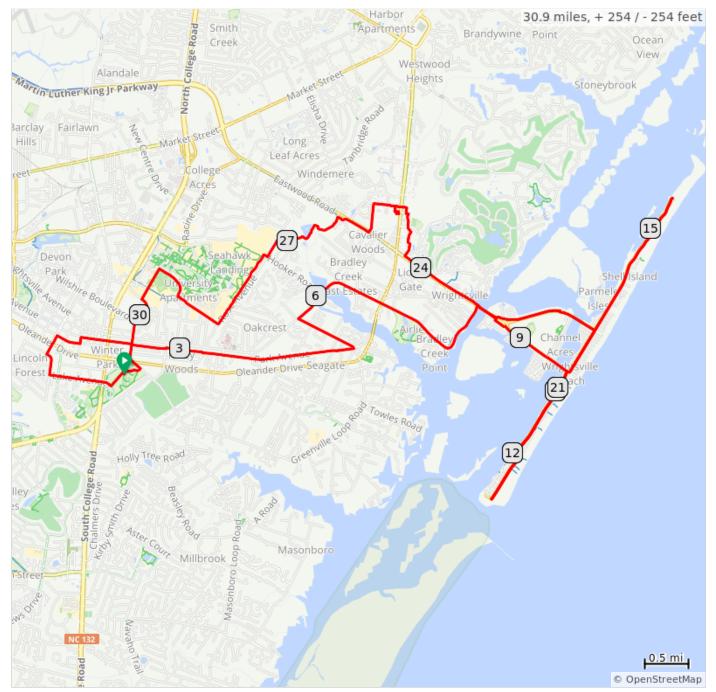
LongLeafPk to WrightsvilleBeach1.5X (cues)





Long Leaf Parkk to Wrightsville Beach Up/Down Beach 1.5 times, regrouping at N & S ends, rest stop at Panera

Cape Fear Cyclists

LongLeafPk to WrightsvilleBeach1.5X (cues)

0.0	0.0	0	Start of route
0.0	0.0		L onto Hugh McRae Park Road
0.1	0.0		L onto Hugh Macrae Road
0.3	0.2		R onto Lake Avenue
0.4	0.1		Continue onto Lake Avenue
1.0	0.6		R onto Halifax Road
1.3	0.3		R onto Lincoln Road
1.5	0.2		R onto Peachtree Avenue
1.8	0.3		L onto South 42nd Street
1.9	0.1		R onto Park Avenue
2.2	0.3		Continue onto Park Avenue
2.4	0.2		R onto Park Avenue

2.4 miles. +6/-11 feet

13.1	1.2	R onto Causeway Drive
17.7	4.6	L onto Waynick Boulevard, US 76
19.0	1.2	R onto South Lumina Avenue, US 76
20.0	1.0	L onto Sunset Avenue, US 76
21.2	1.2	R onto Causeway Drive
21.8	0.6	L onto West Salisbury Street, US 74
22.3	0.5	L onto Pelican Drive
23.1	0.8	Continue onto Wrightsville Avenue, US 74, US 76
23.2	0.1	R onto Cross City Trail
24.6	1.4	R onto Culbreth Drive

12.7 miles. +88/-68 feet

4.3	1.9	Continue onto Park Avenue
5.0	0.7	L onto Greenville Avenue
5.7	0.7	Sharp R onto Wrightsville Avenue
8.3	2.7	R onto Wrightsville Avenue, US 74, US 76
8.4	0.0	Continue onto Wrightsville Avenue, US 74, US 76
8.8	0.4	R onto Causeway Drive, US 76
9.6	0.9	R onto Waynick Boulevard, US 76
10.9	1.2	R onto South Lumina Avenue, US 76
11.9	1.0	L onto Sunset Avenue, US 76

9.4 miles. +75/-81 feet

24.8	0.2	Sharp L onto Culbreth Drive
24.8	0.0	R
24.9	0.1	L
24.9	0.0	Keep L
25.0	0.1	L
25.0	0.1	L
25.1	0.0	R
25.1	0.0	L
25.1	0.0	R to Panera's Patio
25.1	0.1	L
25.2	0.0	R
25.2	0.1	L onto Parker Farm Drive
25.5	0.2	L
25.8	0.3	Cross Eastwood Turn R onto Bike path

1.2 miles. +5/-13 feet

26.2	0.4	L
26.9	0.7	R onto Rill Road
27.1	0.2	L onto Mallard Street
27.4	0.2	R onto Cross City Trail
28.9	1.5	R onto Riegel Road
29.3	0.4	L onto Hamilton Drive
29.7	0.4	L onto North Macmillan Avenue
30.3	0.6	Keep R onto Macmillan Avenue
30.5	0.2	L onto Pine Grove Drive
30.7	0.2	R into park
30.8	0.1	Continue onto Hugh McRae Park Road
30.9	0.1	L
30.9	0.0	L

5.1 miles. +79/-49 feet

30.9	0.0	9	End of route
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0.0 miles. +0/-0 feet